



## Exercise: Making Room for Mr. Right

This Love Sheet will help you clear the clutter and apply Feng Shui in key areas of your home.

Take a quick look at your place. Take note:  
Where is the energy possible blocked or stagnant?  
Where is there an excess of clutter?  
Where are you storing stuff?

Go to each of the rooms below and answer the following questions.

### **Living Room**

Ask yourself the following questions and take notes below:

- “What does my living room say about me?”
- “Is there blocked or stuck energy in here?”
- “Does my living room reflect my readiness for a new relationship?”
- “How can I make it better reflect what I’d like to share with my partner?”

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## **Bedroom & Relationship Corner**

Ask yourself the following questions and take notes below:

“In 3 words what does my bedroom say about me?”

“Does my bedroom reflect my readiness for a new relationship?”

“Is there blocked or stuck energy here?”

“How can I make my bedroom a sanctuary I’d like to share with my partner?”

### *Feng Shui*

- Do I have male and female balance?
- Do I have room around my bed for my mate?
- Are the two sides of my bed balanced?
- Is my decor symbolic of love, romance and sensuality?
- Are there things I need to move from this area?
- Could I integrate more red, white or pink here?

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## **Bathroom**

Ask yourself the following question and take notes below:

“Are there things I can get rid of that are old, I don’t like or don’t use?”

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## **Closet**

Get rid of clothes that are outdated, too small, too baggy, raggedy, has holes or clothes that are stained.

If you’re unsure if you should keep something ask yourself:

- Is this feminine and flattering?
- Do I feel great in this?
- Does this represent who I am or who I want to be?

If you’re still unsure, hang the items with the hanger facing backwards. After 30 days if you haven’t worn it consider donating it or giving it to a friend.



What 3 specific steps can I take to make room in my home for my partner?

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What one thing can I do to make my place more welcoming for him?

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### **Action Steps**

1. Move things around in your bedroom and relationship area to apply the Feng Shui tips you learned.
2. Remove anything that doesn't belong in your bedroom and find it a new home.
3. Set aside an hour to go through your bedroom closet to update your wardrobe and free up space to bring in new energy.
4. Do at least 1 thing this week from the lists above to make room for your MR